



SHAC Minutes----- 2/26/2010

The SHAC committee met on 2/26/2010 at 1:00 p.m. in school board room. The members present were Aloise Martin, school nurse, Joe Freeman, business representative, Karla Mitchell, parent, Janie Haiduk, PE teacher, Mark Montgomery, PE teacher, Miriam Lynch, principal, and Mary Ann Roland, cafeteria manager. Members unable to attend the meeting were Darrell Luster, law enforcement, Alan Wilson, minister, Stacie Brainard, parent, and Rosa Bilderback, community member.

The meeting began with introductions and Miriam Lynch reminding the committees members of the purpose and function of the committee. Janie Haiduk and Mark Montgomery reported on the physical activity for students K – 8 grades. They discussed the Fitnessgram program and the programs utilized in the PE classes. The dates for the Fitnessgram program were discussed.

May Ann Roland discussed the nutrition programs in place at the cafeteria. The cafeteria has gone to not fat frying and serving more fresh fruits and vegetables. She informed the group of the parent and grandparent meals provided for community outreach for the district. The students were provided a milk day to encourage nutritious drinks.

Aloise Martin reported on the eye and hearing tests to the students. She provided education to the students for preventing germs spreading at school. The students had small group instruction on the proper hand washing techniques. She is currently putting immunizations for students in the districts in the new data base RSCCC. She is currently working on the high school students and will move down to the lower grades after this.

The committee spent the remainder of the time completing the required distinct health survey for Texas Education Agency. It is due February 12, 2010. The committee completed the questions and provided their expertise on the answers. The survey will be submitted on line by the due date after some information is checked by Miriam Lynch.

The committee adjourned after providing opportunities for any concerns and input from the committee. There was none provided.